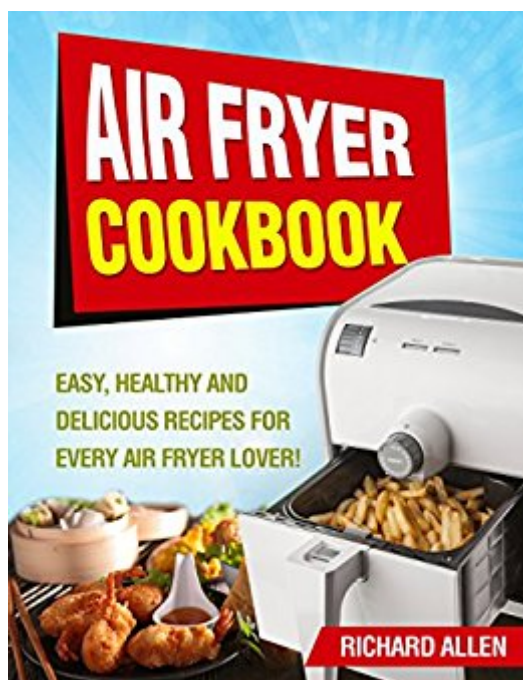


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# Air Fryer Cookbook: Easy, Quick And Delicious Recipes Subtract The Oil!



## Synopsis

When it comes to modern kitchens...People are looking for appliances that are versatile in use. An air fryer is one such appliance. It can be used to fry, bake and roast food, and the best part about all this is that you can do this without using too much oil or no oil. You can cook healthy meals using this appliance without putting any extra effort. This appliance cooks the ingredients using the Maillard Reaction and Rapid Air Technology both of which use hot air to roast or cook the ingredients. This book contains... all the information you need to know on an air fryer. The chapters are easy to follow. There are numerous recipes that have been given in the book. These recipes are extremely easy to follow. A person who does not know how to cook will find these recipes extremely easy to make. You may be surprised when you read a few recipes and may wonder if the air fryer can produce such a dish. You can make a number of dishes using an air fryer and will never have to worry about the flavor of the food. All you need to do is prepare the ingredients for the dish and throw them into the fryer. You will need to make sure that you choose the right program and have set the right temperature. You do not need to stand or hover around the fryer to ensure that your food is being cooked. Carry on with your chores and maybe halfway during the cooking time, you will need to shake the basket in the appliance just to ensure that every last ingredient in it is cooked to perfection. Even if you do not know how to cook too well, you can be assured that the air fryer will do that job for you. All you need to do is make sure the ingredients are prepped. If you do not own an air fryer, you definitely need to get one. If you are a college student or are staying away from home, you will not have to worry about what you will eat the following day. The air fryer will help you prepare all your meals within a few minutes. This book will help you every step of the way. Grab a copy now!

## Book Information

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## Customer Reviews

Cooking with the Power Air Fryer means we can enjoy all our favorite fried foods with the same great taste but without the guilt. Munching on blooming onion, mozzarella sticks, and French fries from our oil less fryer means fewer calories and fat. The author has provided Clear instructions with the correct quantity of ingredients required to make the recipes as simple as possible. I really like snacks and desserts recipes in this book. excited to make and eat with my 2 year old son. I'm sure he would really like. Great recipes book.

I have used my fryer xl for about two weeks. So far I have made pork tenderloin with baked apples, crab cakes, air fryer shrimp and stromboli. Also frozen cream cheese poppers(5 minutes). All were very good and tasty. Cleanup was quick and easy. I highly recommend Air fry everything " by Meridith Laurence for a wide variety of air fryer recipes.

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